Rehabilitation

Physiotherapy

Fitness

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by Agnès Campan

Member of the International Association of Animal Therapists Member of the Animal Health Professions' Register Member of the Canine Massage Guild www.canine-pawsibilities.co.uk



"Canine physiotherapy and rehabilitation improve movement, restore muscular function, speed up recovery, and reduce risks of injury to your dog."

Physiotherapy sessions typically last 45 minutes to an hour and can include:

- Functional assessment: including quantitative measurements
- Manual therapy: specific hands-on techniques to isolate and treat soft tissue and joint structures
 Electrotherapy: therapeutic equipment such as LASER, Ultrasound, Electrical Stimulation or Pulse Electromagnetic Field
 - Therapeutic exercise program

The physiotherapist will develop a program that you can follow at home, so you are pro-actively involved in your dog's recovery. Cost from £45 per session







Reasons why we advise physiotherapy for your dog:

Neurologic

- **Conservative management:** Physiotherapy slows degenerative processes, promotes normal movement patterns, improves balance and coordination, and reduces muscular tension.
- **Post-operative:** Physiotherapy reduces risks of complications, accelerates rehabilitation, and can maximise recovery outcomes by influencing neural pathway regeneration and reorganisation

Orthopaedic

- **Conservative management**: Physiotherapy alleviates orthopaedic symptoms, slows degenerative processes, supports pain management, and enhances wellbeing.
- **Post-operative:** Physiotherapy accelerates rehabilitation and reduces risk of complications by reversing muscular inhibitions, preventing compensatory issues, and strengthening muscles.

Geriatric

• Physiotherapy with massage decreases pain, reduces stiffness, and slows progression of both muscular weakness and loss of proprioception in aging dogs.

Soft Tissue

• Physiotherapy reduces inflammation, promotes soft tissue repair, and restores muscle flexibility, elasticity, and function.

Working Dogs

• Physiotherapy reduces risks of injuries by correcting musculoskeletal weaknesses and compensatory patterns whilst improving strength and flexibility

Undiagnosed cases

• Physiotherapy can reduce chronic pain and promote healing from injuries that may not be visible on diagnostic imaging and/or may not have a clear diagnosis.

About Agnès

Agnès was the Canine Therapist for the Scottish dog agility team at the World Agility Open Championship from 2016 to 2018.

- Canine Physiotherapist
- Clinical Canine Massage Therapist
- Canine Manual Therapist (osteopathic techniques)
- Certified Canine Fitness Instructor

She was mentored during her studies by Scott Rigg, Advanced practitioner in small animal surgery. *Cùmath Pet Surgeons*

She is also trained in Canine Shiatsu (acupressure), Canine Touch (Vibromuscular Harmonisation Techniques), and Canine Kinesiotaping.



"Agnès has been helping to keep my dogs in great shape for competing at top level in agility for the past 3 years. Her treatments played a huge part in us winning 1st place at this year's Agility World Championships.
The program Agnès has developed for my dogs combining physiotherapy, massage and strengthening exercises is fantastic. I would strongly recommend her. "

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Euan Patterson, Crazee, Meg and Sweep - Scotland's most successful dog agility handler, multiple gold and silver medal winner at international level "From our very first visit to Agnès for physiotherapy, her skill and expertise were evident. Agnès' knowledge, professionalism and passion are above any we have encountered in the many therapists we have seen to date. We feel confident and at ease knowing our dog is in experienced hands with Agnès, who seems to care for our dog as if she were her own."



Kirsten Buchan and Folly - Conservative management of hip and elbow dysplasia



Our dog had an accident where she fell 60 feet and sustained multiple severe injuries. The difference in Darcy after we started physiotherapy and massage with Agnès has been remarkable. Her progress has even amazed the vets who have saved her life and three years on Darcy still benefits greatly from her treatments. "

Wendy Lyon and Darcy - PDSA pet survivor of the year winner

Treatments available at:

- CANINE Pawsibilities, Huntly
 - Stonehaven
- Donview Veterinary Centre, Inverurie

Book your consultation:

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